



Your Community Blood Bank

Corporate Office:
8167 Adams Drive
Hummelstown, PA 17036
(717) 566-6161 • 1-800-771-0059
Fax: (717) 566-7850
www.717giveblood.org

THIS FORM MUST BE COMPLETED IN INK

Blood Donor Parent/Guardian Consent Form

Please review the back side of the form for additional testing information

Your child has expressed an interest in donating blood. One blood donation can be separated into three components; your child has the potential to save three lives with a single donation. We hope you support and encourage your child's decision to donate blood. He or she is showing civic responsibility, maturity and a sense of community pride by donating.

Blood donation is a safe procedure using single use sterile supplies. Reactions such as lightheadedness, fainting, bruising or nerve injury occasionally occurs. Drinking plenty of fluids and eating well prior to donation can reduce donor reactions.

State law generally requires written consent by a parent or guardian for 16-year-olds to donate blood. In addition, if donating at a high school blood drive, some schools may require written consent for older students.\* If you consent to your child's donating, please complete the consent form at the bottom of this page. A blood donation information pamphlet and an information pamphlet regarding iron deficiency and maintaining healthy iron levels are provided with this consent form. By completing the consent form below, you are agreeing that you have reviewed the documents listed above and consent to your child donating blood.

All blood donations are screened for certain blood borne diseases. These tests, on occasion, may be considered investigational. You and your child will be notified if the donation tests positive for these diseases. Your child may also be contacted for follow-up testing. Donors with a positive test may be placed on a deferral list and their blood cannot be used for treatment or care purposes. Positive test results and the donor's name are reported to health agencies as required by law. In some instances, such as when an insufficient amount of blood is collected, testing for infectious diseases may not be possible.

If you have questions regarding your child's decision, please call our Donor Advocate at 1-800-771-0059 ex. 3019.



\* Persons 17 years of age or older (or certain emancipated minors) may donate without consent of parent or guardian (unless required by your high school).

Please fill out form below and return only the form portion during donation. Keep the top for your records.

Central Pennsylvania Blood Bank

THIS FORM MUST BE COMPLETED IN INK

Having read and understood this entire form, I give permission/consent for (Please Print) \_\_\_\_\_, my son/daughter or ward, to make a voluntary, uncompensated donation of blood to Central Pennsylvania Blood Bank.

Central Pennsylvania Blood Bank will notify my child and me of a positive test result(s) for certain blood borne diseases and my child may be contacted for follow-up testing. If tests are confirmed positive for HIV, hepatitis or syphilis (or other diseases as may be required by law or regulation), my child's name will be reported to the Department of Health.

This signed consent is valid for one (1) year or until child turns 17, unless earlier revoked by written notice from parent, guardian or child.

I verify that I am the undersigned donor's parent/guardian and that such donor lives with and is supported by me. In the event of an emergency, I may be contacted at the following telephone number: \_\_\_\_\_

Print Parent/Guardian Name: \_\_\_\_\_

Signature of Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

Having read and understood this entire form, I give my permission/consent to Central Pennsylvania Blood Bank to release certain positive test results to my above-named parent/guardian.

Signature of Donor: \_\_\_\_\_ Date: \_\_\_\_\_

Donor's Date of Birth: \_\_\_\_\_

Version 04 (7/2018)

Important Reminder

The completed consent form must be presented at the time of donation to be accepted.

# Important Information for Blood Donors

A Not For Profit Community Blood Program



Please read this pamphlet each time you donate since the contents may change.

You will be asked to sign a statement that says you have read this pamphlet today and that you understand the information provided.

## **MAKING YOUR BLOOD DONATION SAFE**

Thank you for coming in today! This information sheet explains how you can help us make the blood donation process safe for yourself and for patients who might receive your blood. **PLEASE READ THIS INFORMATION BEFORE YOU DONATE!**

## **ACCURACY AND HONESTY ARE ESSENTIAL!**

We know that you would not donate unless you think your blood is safe. However, in order for us to assess all risks that may affect you or a patient receiving a transfusion, it is essential that you answer each question completely and accurately. If you don't understand a question, ask the blood center staff. **All information you provide is confidential.**

## **DONATION PROCESS**

To determine if you are eligible to donate we will:

- Ask about your health and travel
- Ask about medicines you are taking or have taken
- Ask about your risk for hepatitis B and C, HIV and AIDS, Human T-Lymphotropic Virus Types I/II (HTLV), Syphilis, West Nile Virus (WNV), Chagas', Creutzfeldt-Jakob disease (CJD), variant Creutzfeldt-Jakob disease (vCJD), Malaria (plasmodium) or other relevant transfusion-transmitted infections (RTTI)
- Take your blood pressure, temperature and pulse
- Take a small blood sample to be sure your blood count is acceptable

If you are eligible to donate we will:

- Clean your arm with an antiseptic. **(If you are allergic to iodine or latex, you must tell us!)**
- Use a new, sterile, disposable needle to collect your blood

If we determine you are unable to donate due to your medical history, you will be informed of the length of the deferral at the time of the interview.

## **DONOR ELIGIBILITY - SPECIFIC INFORMATION**

Why we ask questions about intimate contact:

Diseases such as HIV and hepatitis and other RTTIs can be transmitted by sexual contact and enter your bloodstream. In this way, donated blood can spread disease to others.

### **What do we mean by "sexual contact?"**

The words "have sexual contact with" and "sex" are used in some of the questions we will ask you, and apply to any of the activities below, whether or not a condom or other protection was used:

- Vaginal sex (contact between penis and vagina)
- Oral sex (mouth or tongue on someone's vagina, penis, or anus)
- Anal sex (contact between penis and anus)

## **HIV/AIDS AND OTHER RELEVANT TRANSFUSION-TRANSMITTED INFECTION (RTTI) RISK BEHAVIORS AND SYMPTOMS:**

HIV is the virus that causes AIDS. HIV and other RTTIs are spread mainly through sexual contact with an infected person OR by sharing needles or syringes used for injecting drugs. People who are at risk for HIV and other RTTI's from needle use or intimate contact are not permitted by law to donate.

### **WE ASK THAT YOU DO NOT DONATE IF YOU:**

- **HAVE AIDS OR HAVE EVER HAD A POSITIVE HIV TEST**
- Have ever used needles to take drugs, steroids, or anything not prescribed by your doctor
- Are a male who has had sexual contact with another male IN THE PAST 12 MONTHS
- Have EVER taken money, drugs or other payment for sex
- Have had sexual contact IN THE PAST 12 MONTHS with anyone described above
- Have had syphilis or gonorrhea IN THE PAST 12 MONTHS
- Have been in juvenile detention, lockup, jail, or prison for more than 72 hours IN THE PAST 12 MONTHS

### **PLEASE REMEMBER:**

**Do not donate to get a test!** If you think you may be at risk for HIV/AIDS or any other infection, do not donate simply to get a test. Please call 1-800-662-6080 to find out where to get tested. Alternatively, you can speak to your personal health care provider.

## The following symptoms can be present before an HIV test turns positive:

- Fever
- Enlarged lymph glands
- Sore throat
- Rash

## Travel to or birth in other countries

Blood donor tests may not be available for some infections that are found only in certain countries. If you were born in, have lived in, or visited certain countries, you may not be eligible to donate.

## RISKS OF DONATION - PLEASE READ CAREFULLY:

Blood donation is generally very safe. Most people feel fine after blood donation. Occasionally, however, some donors may have symptoms following donation, including:

- A light-headed or dizzy feeling, confusion/disorientation, passing out or fainting with or without injury
- Nausea and vomiting
- Bruising of the arm and/or injury to nerves of the forearm, pain or numbness around the needle site which may take some time to resolve
- Pallor, shortness of breath, anxiety, chest pain, rapid pulse, intermittent muscular spasms
- Anemia—decrease in red blood cells that may be due to decreased bone marrow iron stores

## WHAT HAPPENS AFTER YOUR DONATION:

To protect patients, your blood is tested for several types of Hepatitis, HIV, syphilis, Human T-Lymphotropic Virus Types I/II, West Nile Virus and in some cases, Chagas disease. Other tests are performed for relevant transfusion transmitted infections (RTTI) in accordance with standards set forth by our regulatory agencies. Some of these tests may be investigational but still must be performed in order for your blood to be transfused to others. If the test results confirm that you have any of the above diseases we will notify you and your blood will be discarded. You may be permanently deferred as a blood donor based on positive or indeterminate confirmatory results. If your blood tests show that your blood might make someone ill, you will be notified. CPBB will not release your test results without your written permission unless required by law (e.g. to the Health Department). Occasionally, there are circumstances when your blood will not be able to be tested. If this occurs, you may not receive any notification.

CPBB confidentially maintains data on individuals whose blood could transmit an infection to a patient. This information is shared with hospital blood banks affiliated with CPBB.

**We sincerely thank you for your support of the blood supply in Central Pennsylvania.** Should you have any questions or concerns regarding your donation today, please contact us at 1-800-771-0059.

## CENTRAL PENNSYLVANIA BLOOD BANK

8167 Adams Drive  
Hummelstown, PA 17036  
717-566-6161 or  
**1-800-771-0059**

### DONOR CENTER LOCATIONS:

**Carlisle:** UPMC Carlisle Regional Medical Donor Center, 419 Village Drive  
**Ephrata:** 446 N. Reading Road, Suite 201  
**Harrisburg:** UPMC Pinnacle, Medical Sciences Bldg., 2nd & Chestnut St.  
**Harrisburg:** 223 Walnut Street  
**Hershey:** M.S. Hershey Med. Ctr., 35 Hope Drive  
**Lancaster:** 3027 Columbia Avenue  
**Lebanon:** Wellspan Health, Good Samaritan Hospital, 750 Norman Drive  
**Camp Hill:** Geisinger Holy Spirit Hospital, 875 Poplar Church Road, Suite 100  
**Union Deposit:** 4311 Londonderry Road  
**York:** WellSpan Health, Apple Hill Medical Ctr., 25 Monument Road

### AREA HOSPITALS SERVED

<b>Penn State Milton S. Hershey Medical Center</b>	<b>UPMC Pinnacle, Harrisburg &amp; Community General Hospital</b>
<b>UPMC Pinnacle, West Shore Hospital</b>	<b>Geisinger Holy Spirit Hospital</b>
<b>WellSpan Health, York Hospital</b>	<b>Wellspan Health, Gettysburg Hospital</b>
<b>UPMC Pinnacle Carlisle</b>	<b>Wellspan Health, Good Samaritan Hospital</b>
<b>Wellspan Health, Ephrata Community Hospital</b>	<b>Lebanon VA Hospital</b>
<b>UPMC Pinnacle Hanover Hospital</b>	<b>J.C. Blair Memorial Hospital</b>
<b>UPMC Pinnacle Lancaster</b>	<b>UPMC Pinnacle Lititz</b>

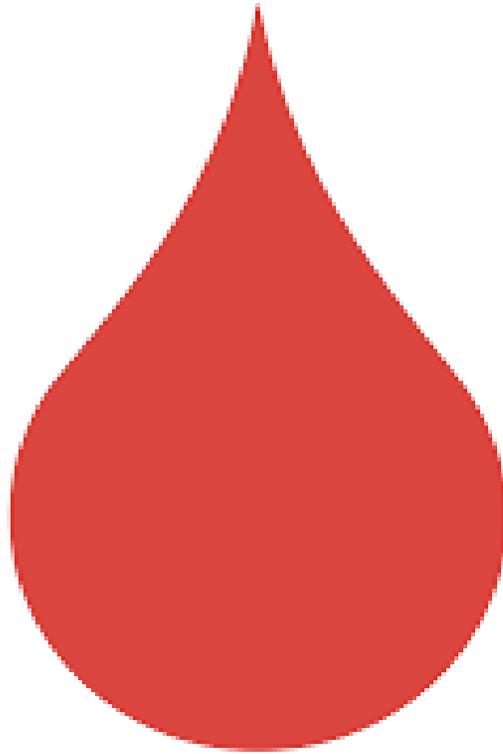
*The information in this brochure is subject to change, and is based on information available to the medical community as of July 2018.*

*References: AABB Standards, FDA Regulations*

*Form No. IIFBD*

*Rev. 07/18*

SHARE WHAT YOU CAN SPARE



IMPORTANT INFORMATION ABOUT  
**IRON** FOR OUR  
CENTRAL PENNSYLVANIA BLOOD BANK  
DONORS

# **Information for our Donors on Iron Deficiency and Maintaining Healthy Iron Levels**

Adopted from the AABB Inter-organizational Task Force on Donor Hemoglobin Deferrals  
Prepared by the Central Pennsylvania Blood Bank

## **Thank you for coming to donate blood.**

Your donation today will support the life saving missions of our local hospitals and their patients in need. Although we care about their health, we care about your health as well. Recent studies have shown that donating blood can reduce the level of iron in the body. For many people, this has no effect on their health and well-being. However, some donors, in particular young women and both male and female donors who donate frequently, may develop low levels of the body's iron stores. We want you to understand these issues when deciding when and how often to donate.

## **How does blood donation affect iron stored in my body?**

Red blood cells are red because of hemoglobin, an iron containing protein that delivers oxygen to the body. By donating a unit of whole blood or by losing a small amount of red blood cells with frequent apheresis, you lose iron from your body. In order to make new red blood cells to replace those you lose from donation, your body needs iron. Your body either uses iron it has already stored or it uses iron that is in the food you eat. Many young women have only a small amount of iron stored in their body, which is not enough to replace the red blood cells lost from even a single donation. Men have more iron stored in their body, however, men who donate blood more frequently may also have low iron stores.

The iron loss from blood donation affects all blood donors differently, if at all.

## **Does the blood center test for low iron stores in my body?**

No, the blood center tests your hemoglobin but not your iron stores. Your hemoglobin level does not tell us about your body's iron stores. You may have a normal amount of hemoglobin and be allowed to donate blood even though your body's iron stores are low.

## **How may low iron stores affect me?**

There are several possible symptoms associated with low iron stores. These include fatigue, decreased exercise capacity, and pica (a craving to chew things such as ice or chalk). Having low iron stores will eventually increase the possibility of having a low hemoglobin test, preventing blood donation.

## **What can I do to maintain my iron stores?**

Eating a well-balanced diet is important for all donors, but simply eating iron-rich foods may not replace all the iron lost from blood donation. Ask your Donor Services Specialist for our list of iron containing foods. Taking multivitamins with iron may also help replace lost iron. Some donors may choose to take an iron supplement (available by prescription or over the counter). These vary in name and the amount of iron in the tablet. Your physician or pharmacist may be able to assist you in deciding what dose, type, and duration of iron supplement to choose. **YOU SHOULD NEVER TAKE A VITAMIN OR IRON PILL IF YOUR HEALTHCARE PROVIDER HAS INSTRUCTED YOU NOT TO DO SO.**

## **Why doesn't a single big dose of iron replace what I lose during the donation?**

Because people have a limit on iron absorption (ie, 2-4mg/day), taking iron in larger doses for a shorter period may not lead to better absorption (and may result in more side effects). The overall goal is to replace, over 1 to 3 months, 200-250 mg of iron lost during donation.

## **Where can I get additional information?**

More information regarding maintaining iron balance and iron deficiency can be found at [www.anemia.org](http://www.anemia.org).